

GROUPS DISCUSSION GUIDE

Get Into The Word

Leader Edition



Week of Sunday March 23, 2025

Table of Contents

- 1 Introduction
- 2 Discussion Questions
- 3 Application Questions
- 4 Question for Families, NT 260 Reading
- 5 Resources
- 7 Commentary
- 8 Sermon Notes

Living out our God-given calling as we follow Jesus and make disciples every day.

Introduction

In 1 Thessalonians 4:3-8, Paul focuses on God's call for us to pursue holiness and keep away from sexual immorality. We'll explore practical steps to identify and overcome vulnerabilities, fostering a lifestyle of purity. Together, we'll discuss how to protect personal and relational integrity by aligning our lives with God's will, ultimately allowing His Holy Spirit to empower our daily choices and actions. Let's support one another in this vital journey toward holiness.

Disciple Measure

Spirit-Led Follower: What Scripture is currently shaping you life the most?

Notes:

Discussion Questions

Stop Engaging In Sexual Sin

1. **Opening Question:** What are some common misconceptions people have about God's will for their lives?

HIGHLIGHT

Have someone read aloud...

1 Thessalonians 4:3-8

EXPLAIN

Discuss the following questions...

1. How do the Thessalonian culture and our culture's view of sex differ from God's design? How can we stand firm in our convictions?
2. Why do you think God takes sexual sin so seriously? How does it impact our relationship with Him and others?

Have someone read aloud 1 Corinthians 6: 14-20

3. In what ways does viewing our bodies as temples of the Holy Spirit change how we approach physical and sexual purity?
4. Reflect on the analogy of the \$100 bill. How does understanding our worth in God's eyes impact our view of sexual purity?
5. What does it mean to 'live a life without secrets,' and why is this important for spiritual growth and purity?

Notes:

Discuss the following questions...

1. How can we create a supportive environment in our church for those struggling with sexual sin without condoning the behavior?
2. What are some practical steps we can take to protect ourselves and our families from sexual temptation in the digital age?
3. How does the concept of 'sanctification' apply to our daily choices and behaviors, particularly in the area of sexuality?

Force for Good: If you or someone you know is struggling with sexual sin you can find support at [Celebrate Recovery](#) or with a [Freedom Fight Group](#). If you are interested in leading a Freedom Fight to support others in their pursuit of purity, reach out to us at groups@longhollow.com for more information.

Close the session by praying for God's strength and wisdom in pursuing sexual purity, and for His grace and healing for those who are struggling.

Questions for Families

Here are some questions you can discuss with the whole family. Please note questions one and two are for the whole family, while question three allows you to address the topic of sexual temptation with older children.

What do you think the Bible shows us about what God wants for us?

Guide your child to consider how God desires us to lead pure and holy lives. For younger children, explain that God loves us and wants us to make choices that keep us safe and happy.

What can we do to live the way God wants us to?

Help your child brainstorm practical ways they can make positive choices in their daily life, like being honest or kind. For older kids, discuss how they can seek help, set boundaries, and focus on positive actions.

How do you think the sermon's message about living a pure and holy life relates to the challenges and choices you deal with in your life today?

For older children, discuss how you can help them pursue purity and protect themselves from the temptations they face.

NT 260

WEEK: 13

- 2 Thessalonians 3
- Acts 19
- 1 Corinthians 1
- 1 Corinthians 2
- 1 Corinthians 3

MEMORY VERSE: Matthew 5:25-26

Resources

Resources to Listen To

Other LH Podcasts - The Everyday Parent Podcast



Check out Long Hollow's Everyday Parent Podcast. Click [here](#).

Resources to Watch

Sermon + Questions From The Reading



Join Pastor Robby as he answers your questions from the reading [here](#).
(56 min)

The Bible Project - 1 Thessalonians



Explore the themes and gain a deeper understanding of 1 Thessalonians place in the biblical story [here](#).
(7 min)

Life Group Resources

We have a variety of resources and are continually adding new ones. Some of our resources include group launch guides, on-demand training modules, and curriculum resources. To request a resource, reach out to us at groups@longhollow.com.

D-Group Resources

If you or someone you know would like to start a D-group, we have everything you need, including reading plans, journals, and a launch guide to walk you through the first four meetings.



longhollow.com/lifegroups



longhollow.com/dgroups

Commentary

Notes:

A Bit of Background

The Apostle Paul wrote the letter of 1 Thessalonians to a group of believers in the city of Thessalonica, which was a bustling city in ancient Rome. Thessalonica was a prominent cultural and economic hub, heavily influenced by Greek and Roman customs. At that time, many people viewed sexual activity as a regular part of life, similar to eating or drinking. There was little emphasis on the emotional or moral aspects of sexual relationships, and casual encounters were often common.

For the new Christians in Thessalonica, this presented a challenge. They lived in a world where sexual freedom was the norm, but they were called to live differently. Paul wrote this letter to encourage and instruct these believers on how to navigate their faith amidst cultural pressures, especially concerning sexual immorality. By teaching them to live holy and honorable lives, Paul was guiding them to be set apart from societal norms and to live according to God's desires instead of cultural practices.

Biblical Timeline

Creation The Exodus from Egypt

Notes:

In 1 Thessalonians 4:3-8, Paul dives into an important teaching about living a life that aligns with God's will. The focus of these verses is on purity and the importance of avoiding sexual immorality. Paul uses the term "sanctification," which means being set apart for a special purpose. For Christians, being sanctified means living a life that honors God, which includes staying away from actions and thoughts that do not align with His teachings.

Paul's message highlights the impact of sexual sin not just on individuals, but also on their relationships with others and with God. He emphasizes that when people engage in sexual immorality, they are stepping away from what God desires for them and can harm themselves and others. This reflects the understanding that actions have consequences, and living a life pleasing to God involves self-control and respecting others.

Furthermore, Paul reminds the believers that their bodies are not meant for impurity but for living in holiness, as they are filled with the Holy Spirit. This reinforces the idea that their actions matter and that they can live fulfilling lives by following God's guidelines. Paul's message is clear: by living pure lives, the believers can truly honor God and reflect His love in their community, setting an example for others in a culture that might not understand their commitment to holiness.

1 Thess. 3

Today's highlighted passage and other related passages



Sermon Notes

1 Thessalonians 4:3-8 CSB

For this is God’s will, your sanctification: that you keep away from sexual immorality, that each of you knows how to control his own body in holiness and honor, not with lustful passions, like the Gentiles, who don’t know God. This means one must not transgress against and take advantage of a brother or sister in this manner, because the Lord is an avenger of all these offenses, as we also previously told and warned you. For God has not called us to impurity but to live in holiness. Consequently, anyone who rejects this does not reject man, but God, who gives you his Holy Spirit.

Living out our God-given calling as we follow Jesus and make disciples every day.

Spirit-Led Follower

A disciple who walks with Jesus daily, anchoring their lives to God's Word and obediently following the Holy Spirit where He leads.

Intentional Friend

A disciple who is always looking for ways to care for others and meet their needs. This is a practical way to be present in the lives of those around us.

Humble Guide

A disciple who is a humble guide takes every opportunity to help people take their next step closer to Jesus. This is someone who is constantly looking for opportunities to have Gospel conversations and speak truth into someone's life.

Force For Good

When a disciple lives out their God-given calling, they naturally become a force for good where they live, work, and play. This type of person is looking for opportunities to meet needs, heal brokenness, and bring tangible hope to the people in their life and in their community.



LONG HOLLOW
CHURCH