

# GROUPS DISCUSSION GUIDE

*Get Into The Word*



Week of Sunday October 19, 2025

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**Living out our God-given calling as  
we follow Jesus and make  
disciples every day.**

## **Introduction**

Overcoming the world is a challenge faced by every believer, and 1 John 5:1-5 offers us a roadmap. This passage calls us to anchor our faith in Jesus, follow through with obedience, and understand that victory over the world's temptations comes through our faith. As we discuss, let's explore how salvation lays our foundation, obedience demonstrates our heart's transformation, and how we can actively live out this victory in our daily lives. Consider what areas of your life God may be calling you to align more closely with His will.

## **Disciple Measure**

**Spirit-led Follower:** What does it look like to be Spirit-led versus led by the world?

# Discussion Questions

How do I overcome the world?

HIGHLIGHT

Have someone read aloud...

1 John 5:1-5

EXPLAIN

Discuss the following questions...

**Opening Question:** What does "overcoming the world" mean to you? How have you seen this concept portrayed in popular culture versus what the Bible teaches?

- 1. How would you describe the relationship between faith in Jesus and overcoming the world?
- 2. What is the difference between acknowledging Jesus' existence and truly believing in Him?
- 3. How does the Bible differentiate between simply performing religious activities and true obedience to God's commands?

Have someone read aloud 2 Corinthians 5:21.

- 4. What is the "great exchange," and how does this concept impact a believer's relationship with God?
- 5. How can the biblical concept of overcoming the world be misunderstood when cultural definitions of success are applied to it?

Notes:

*Discuss the following questions...*

1. How can you actively strengthen your faith to ensure that it serves as a foundation for overcoming challenges in your daily life?
2. How does the idea of the great exchange impact your understanding of self-worth and identity in Christ?
3. What are some strategies you can adopt to resist cultural pressures and temptations, ensuring your life reflects eternal values rather than temporary gains?

Have someone read aloud Matthew 28:19-20.

Force for Good: What would change in the world around you if Jesus' final command was your top priority every day?

Close by praying for each other, asking God for the strength to overcome the world through faith in Jesus, obedience to His commands, and active participation in His mission.

# Questions for Families

*Here are some questions you can discuss with the whole family.*

## **1 John 5:1-5**

### **What does this passage tell us about God and His love?**

*For younger children, explain how God shows His love by sending Jesus to help us. For older kids, discuss the significance of God's love in providing a way for us to overcome challenges through faith.*

### **What do you think it means to "overcome the world"?**

*For younger children, relate it to making good choices even when it's hard. With older children, explore how believing in Jesus helps us to choose right over wrong, like resisting peer pressure and standing firm in faith.*

### **How can we show we love God in our everyday actions?**

*Encourage young kids to talk about simple acts like being kind and listening to parents. With teenagers, discuss deeper topics like integrity, serving others, and living out Christian values even when faced with difficult decisions.*

## NT 260

### **WEEK: 43**

- Revelation 1
- Revelation 2
- Revelation 3
- Revelation 4
- Revelation 5

**MEMORY VERSE:** Matthew 7:9-10

# Resources

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## Resources to Listen to

### **BEMA Discipleship Podcast - Philippians**



Marty Solomon takes a deeper dive into the importance of truth in love in [1 John](#).  
(20 min)

## Resources to Watch

### **Bible Project Guide - The Books of 1-3 John**



See a collection of videos and articles to guide you through the books of [1,2,3, John](#).  
(20 min)

### **Bible Project Guide - The Book of Jude**



See a collection of videos and articles to guide you through the book of [Jude](#).  
(20 min)

## **Life Group Resources**

We have a variety of resources and are continually adding new ones. Some of our resources include group launch guides, on-demand training modules, and curriculum resources. To request a resource, reach out to us at [groups@longhollow.com](mailto:groups@longhollow.com).

## **D-Group Resources**

If you or someone you know would like to start a D-group, we have everything you need, including reading plans, journals, and a launch guide to walk you through the first four meetings.



[longhollow.com/lifegroups](https://longhollow.com/lifegroups)



[longhollow.com/dgroups](https://longhollow.com/dgroups)

# Commentary

Notes:

## What's Going On?

In terms of what's happening in 1 John 5:1-5, the passage is a part of a letter where John is laying out what it means to have a genuine relationship with God. He talks about love, obedience, and faith, emphasizing that believers are born of God and can overcome the world through faith in Jesus. These verses focus on how our belief in Jesus gives us victory over the challenges and temptations we face in life.

John uses simple yet powerful language to convey important truths. He talks about love as something active, and if we love God, we should follow His commands. This isn't meant to be seen as a list of chores or burdens, but rather as a natural response of love for a God who first loved us. The concept of overcoming the world isn't about worldly success or getting everything we want. Instead, it's about remaining faithful and strong in what we believe, despite cultural pressures or temptations.

John wants the readers to know that faith in Jesus is what helps us to have this victory. The passage reassures believers that their faith in Jesus makes them part of a bigger story of triumph, one that goes beyond the struggles of everyday life.

Biblical Timeline





Notes:

## A Bit of Background

The passage we’re looking at today, 1 John 5:1-5, comes from a letter written by John, one of Jesus’ closest followers and friends. He’s sometimes called “the beloved disciple” because of his close relationship with Jesus. Historians believe John wrote this letter toward the end of the first century, a time when many Christians were wondering about their faith and facing different challenges. Back then, there was a group of people called the Gnostics who made things confusing for believers.

They had strange ideas, like saying Jesus wasn’t fully God and fully human. This was a big deal because the identity of Jesus is fundamental to Christian belief. John wanted to set the record straight and reassure believers about what it truly means to follow Jesus. He was writing to encourage them, reminding them that believing in Jesus as the Son of God makes them part of God’s family. This was super important because it helped early Christians know what to believe and how to live, especially when facing confusing teachings or feeling unsure about their faith.

1 John Approx. Written Early  
85-95 AD

Today’s highlighted  
passage and other  
related passages

Birth of  
Christ

Crucifixion  
and Resurrection

Book of  
Revelation

# Sermon Notes

**1 John 5:1-5 CSB**

Everyone who believes that Jesus is the Christ has been born of God, and everyone who loves the Father also loves the one born of him. This is how we know that we love God’s children: when we love God and obey his commands. For this is what love for God is: to keep his commands. And his commands are not a burden, because everyone who has been born of God conquers the world. This is the victory that has conquered the world: our faith. Who is the one who conquers the world but the one who believes that Jesus is the Son of God?

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(Get digital notes on your mobile device at [notes.longhollow.com](https://notes.longhollow.com))

## Living out our God-given calling as we follow Jesus and make disciples every day.

### *Spirit-Led Follower*

A disciple who walks with Jesus daily, anchoring their lives to God's Word and obediently following the Holy Spirit where He leads.

### *Intentional Friend*

A disciple who is always looking for ways to care for others and meet their needs. This is a practical way to be present in the lives of those around us.

### *Humble Guide*

A disciple who is a humble guide takes every opportunity to help people take their next step closer to Jesus. This is someone who is constantly looking for opportunities to have Gospel conversations and speak truth into someone's life.

### *Force For Good*

When a disciple lives out their God-given calling, they naturally become a force for good where they live, work, and play. This type of person is looking for opportunities to meet needs, heal brokenness, and bring tangible hope to the people in their life and in their community.



**LONG HOLLOW**  
CHURCH