

GROUPS DISCUSSION GUIDE

Get Into The Word

Leader Edition



Week of Sunday April 13, 2025

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**Living out our God-given calling as
we follow Jesus and make
disciples every day.**

Introduction

This week, as we delve into 1 Corinthians 11, we shift our focus to the purpose and practice of the Lord's Supper in our spiritual lives. The passage reminds us of the profound unity and equality we share as believers at the table of Christ. Consider how your attitude during the Lord's Supper reflects or challenges this unity. Reflect on personal areas needing confession, and embrace the elements as tangible symbols of Jesus' sacrifice and love. Let's explore together how these insights can deepen our faith and fellowship.

Disciple Measure

Intentional Friend: How are you investing in others to build unity in the church?

Discussion Questions

The Purpose of the Lord’s Supper

HIGHLIGHT

Have someone read aloud...

[1 Corinthians 11:17-28](#)

EXPLAIN

Discuss the following questions...

Opening Question: What has been your experience with the Lord's Supper in the past? How has it been meaningful to you?

1. What does it mean to take the Lord's Supper in an "unworthy manner"? How can we prepare our hearts before participating?

Have someone read aloud [Exodus 12:8-11](#)

2. How does the connection between the Passover meal and the Lord's Supper deepen your understanding and appreciation for the Lord’s Supper?
3. The sermon touched on the four cups of the Passover meal. Which aspect of God's salvation plan (sanctification, deliverance, redemption, or restoration) resonates most with you right now?
4. Discuss the significance of Jesus redefining the bread and wine. How do these symbols help us remember and proclaim Christ's death?
5. What significance do you find in Jesus not drinking the fourth cup until the kingdom comes? How does this connect to our anticipation of Christ's return?

Application Questions

Notes:

APPLY

Discuss the following questions...

- 1. The sermon mentions that sharing a meal in ancient times was a sign of acceptance and equality. How can we apply this principle to our church community today?
- 2. How does the Lord's Supper unite believers across different backgrounds, as mentioned in [Galatians 3:27-28](#)?
- 3. How does the practice of self-examination before communion relate to our daily walk with Christ? In what ways can we incorporate this spiritual discipline more regularly?

RESPOND

Force for Good: As we prepare to welcome as many as 16,000 people to our campus during Easter weekend, we want you and your group to be part of what God does this weekend! Please share the link below with your group to sign up to join the team in welcoming everyone to Long Hollow for Easter!



my.longhollow.com/eastervolunteer

Prayer:

Thank God for the gift of communion and the reminder of Christ's sacrifice. Ask for His help in living out the unity and equality symbolized in the Lord's Supper.

Questions for Families

Here are some questions you can discuss with the whole family.

1 Corinthians 11:17-28

What do you think God wants us to remember when we eat the bread and drink the cup?

Guide for parents: Encourage young children to think about how the bread and cup can remind us of Jesus and his love. Older children might consider how it shows Jesus' sacrifice and how we should remember his teachings.

Why do you think it's important for everyone to share and be united at the Lord's Supper?

Guide for parents: Help younger kids understand the importance of being friends and including everyone. For older kids, discuss how unity and equality among believers reflect God's love and the message of the gospel.

How can we make sure that we're showing love and kindness during the Lord's Supper and every day?

Guide for parents: With younger kids, talk about simple acts of kindness and sharing. Older kids might explore deeper ideas like confessing when we're wrong and striving to treat others with fairness and compassion, just as the passage encourages.

NT 260

WEEK: 16

- 1 Corinthians 14
- 1 Corinthians 15
- 1 Corinthians 16
- 2 Corinthians 1
- 2 Corinthians 2

MEMORY VERSE: Matthew 5:31-32

Resources

Resources to Listen to

1 Corinthians – Broken Body



Marty Solomon dives into the context of Paul's first letter to the Corinthians [here](#).

Resources to Watch

Bible Project Guide - 1 Corinthians



The Bible Project has there new book guides that have video overview and in-depth breakdowns or every book of the Bible and major topic. Click [here](#).

Life Group Resources

We have a variety of resources and are continually adding new ones. Some of our resources include group launch guides, on-demand training modules, and curriculum resources. To request a resource, reach out to us at groups@longhollow.com.



longhollow.com/lifegroups



longhollow.com/dgroups

D-Group Resources

If you or someone you know would like to start a D-group, we have everything you need, including reading plans, journals, and a launch guide to walk you through the first four meetings.

Commentary

Notes:

What's Going On?

In this part of 1 Corinthians, the Apostle Paul is addressing some issues within the early Christian community in Corinth. Just like today, back then, people gathered to celebrate the Lord's Supper, or what some might call Communion. But in Corinth, there was a problem. Instead of coming together in unity, some people were treating the Lord's Supper like a regular meal or even a party. They were eating all the food and drinking all the wine before everyone had arrived, leaving others hungry and causing division. Paul is pretty upset about this.

He's reminding them that the Lord's Supper is a special time to remember Jesus and His sacrifice, not a time to show off your wealth or social status. The meal should unite everyone, regardless of their background or social standing. Paul is urging the Corinthians to reflect on their actions and to eat this meal in a way that honors Jesus, encouraging them to examine themselves before taking part and focusing on the symbolic meaning of the bread and wine.

Biblical Timeline



Sermon Notes

1 Corinthians 11:17-28 CSB

Now in giving this instruction I do not praise you, since you come together not for the better but for the worse. For to begin with, I hear that when you come together as a church there are divisions among you, and in part I believe it. Indeed, it is necessary that there be factions among you, so that those who are approved may be recognized among you. When you come together, then, it is not to eat the Lord's Supper. For at the meal, each one eats his own supper. So one person is hungry while another gets drunk! Don't you have homes in which to eat and drink? Or do you despise the church of God and humiliate those who have nothing? What should I say to you? Should I praise you? I do not praise you in this matter! For I received from the Lord what I also passed on to you: On the night when he was betrayed, the Lord Jesus took bread, and when he had given thanks, broke it, and said, "This is my body, which is for you. Do this in remembrance of me." In the same way also he took the cup, after supper, and said, "This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me." For as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes. So, then, whoever eats the bread or drinks the cup of the Lord in an unworthy manner will be guilty of sin against the body and blood of the Lord. Let a person examine himself; in this way let him eat the bread and drink from the cup.

Living out our God-given calling as we follow Jesus and make disciples every day.

Spirit-Led Follower

A disciple who walks with Jesus daily, anchoring their lives to God's Word and obediently following the Holy Spirit where He leads.

Intentional Friend

A disciple who is always looking for ways to care for others and meet their needs. This is a practical way to be present in the lives of those around us.

Humble Guide

A disciple who is a humble guide takes every opportunity to help people take their next step closer to Jesus. This is someone who is constantly looking for opportunities to have Gospel conversations and speak truth into someone's life.

Force For Good

When a disciple lives out their God-given calling, they naturally become a force for good where they live, work, and play. This type of person is looking for opportunities to meet needs, heal brokenness, and bring tangible hope to the people in their life and in their community.



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CHURCH