

GROUPS DISCUSSION GUIDE

Get Into The Word



Week of Sunday September 21, 2025

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**Living out our God-given calling as
we follow Jesus and make
disciples every day.**

Introduction

Thirst can drive us to search for satisfaction in countless places, yet only Jesus truly quenches our spiritual cravings. Reflecting on John 7, Jesus invites us to drink from Him. This discussion will delve into how we can turn away from unfulfilling sources and respond to Jesus' call. Consider how daily engagement with Scripture, prayer, and fellowship with other believers can transform us into vessels of life and hope, filled with the Spirit and sharing His love with others.

Disciple Measure

Spirit-led Follower: What passage of Scripture has been shaping your life the most recently? Why?

Discussion Questions

What Quenches Your Thirst?

HIGHLIGHT

Have someone read aloud...

[John 7:37-39](#)

EXPLAIN

Discuss the following questions...

Opening Question: Share a time when you were incredibly thirsty. What did you crave, and how did it feel when you finally quenched that thirst?

1. Why do you think Jesus chose the Festival of Booths to announce that He is the source of living water? How does this setting enhance our understanding of His message?
2. What do you think Jesus means when He says, "If anyone thirsts, let him come to me and drink"? How do we practically "drink" from Jesus?
3. What do you think it looks like for "rivers of living water" to flow from a believer's heart?

Have someone read aloud [John 4:13-14](#).

4. How does Jesus' conversation with the Samaritan woman in John 4 help us better understand His offer of living water in John 7?

Notes:

Discuss the following questions...

1. How can we identify if we are seeking satisfaction in things other than Jesus, and what steps can we take to change that?
2. What are some common substitutes people use to try to quench their spiritual thirst?
3. "Yesterday's water won't quench your thirst today." How does this apply to our spiritual lives?
4. How can we as your church community better support one another in continuously seeking Jesus as the true source of spiritual nourishment and growth?

Force for Good: Consider a friend or family member who doesn't know Jesus. How might you invite them to learn more about Jesus personally rather than just through church activities?

Thank Jesus for being the living water that truly satisfies. Ask for His help in consistently coming to Him to quench your spiritual thirst and for opportunities to share this living water with others.

Questions for Families

Here are some questions you can discuss with the whole family.

John 7:37-39

What do you think it means when Jesus says, "If anyone thirsts, let him come to me and drink"?

Guide younger children to think about being thirsty for things like love and happiness, and explain that Jesus offers us love and happiness that never runs out. For older kids, discuss how Jesus can satisfy our deepest needs and desires in life.

Why do you think people look for satisfaction in things other than Jesus?

Help younger kids understand that sometimes people think things like toys, games, or treats will make them happy forever, but they don't. For teens, discuss how pursuing things like popularity, success, or material goods can distract us from lasting fulfillment found in Jesus.

What is one thing we can do each day to "drink" from Jesus, the living water?

Encourage younger children to consider simple actions like praying or listening to Bible stories. For older children and teens, guide them to think about daily habits like reading the Bible, praying, or participating in meaningful discussions with friends to grow closer to Jesus.

NT 260

WEEK: 39

- John 10
- John 11
- John 12
- John 13
- John 14

MEMORY VERSE: Matthew 7:1-2

Resources

Resources to Listen to

BEMA Discipleship Podcast: John – Water, Spirit, Darkness, Light



Marty Solomon takes a look at [John 3](#) and Jesus's conversation with Nicodemus.
(68 min)

Resources to Watch

Bible Project Guide - water of Life



Watch an overview of the theme of [water of life](#) in the Bible.
(5 min)

Bible Project Guide - The Book of John



See a collection of videos and articles to guide you through the book of [John](#).
(20 min)

Life Group Resources

We have a variety of resources and are continually adding new ones. Some of our resources include group launch guides, on-demand training modules, and curriculum resources. To request a resource, reach out to us at groups@longhollow.com.

D-Group Resources

If you or someone you know would like to start a D-group, we have everything you need, including reading plans, journals, and a launch guide to walk you through the first four meetings.



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Commentary

Notes:

What's Going On?

In the passage from John 7, Jesus stands up during the last day of this festival and invites people to come to Him if they're thirsty, promising that He can provide "living water." This isn't about regular water; it's a way of saying that He can satisfy the deep needs of our hearts and souls in a way that nothing else can. The people listening to Jesus would have been familiar with the powerful symbol of water from their scriptures and festivals. They would associate it with life, refreshment, and God's blessings. The leaders and other people were amazed and puzzled by Jesus because He spoke with wisdom and authority, yet He wasn't trained as a religious scholar.

By offering "living water," Jesus was saying that He was the true source of spiritual life and renewal. His words linked back to prophecies and promises in the scriptures they studied, suggesting that receiving what He offers would allow the Holy Spirit to fill their lives, overflowing to bless others. This was a bold message, challenging people to look beyond their traditions and understand something much deeper. Jesus was offering a personal relationship and fulfillment that ritual alone could not achieve. This call to drink from Him daily was transformative, promising deep satisfaction and spiritual vitality.

Biblical Timeline

Creation

The Exodus from Egypt

Notes:

A Bit of Background

In the sermon, we dive into a part of the Bible found in John 7, where Jesus talks about being the source of "living water." To understand this, it helps to know what was happening during that time. This event took place during the Jewish Festival of Booths, also known as the Feast of Tabernacles or Sukkot. This festival was a special time when people remembered how God took care of their ancestors during their journey through the desert after they left Egypt.

They lived in temporary shelters called sukkahs, reminding them of the simple tents their ancestors stayed in. It was also a time to pray for rain, which was essential for their crops because they didn't have the conveniences we do today, like irrigation systems. The festival was a big celebration of relying on God for both physical and spiritual needs.

John 1

Book of Revelation

Birth of
Christ

Crucifixion
and Resurrection

Sermon Notes

John 7:37-39 CSB

On the last and most important day of the festival, Jesus stood up and cried out, “If anyone is thirsty, let him come to me , and drink. The one who believes in me, as the Scripture has said, will have streams of living water flow from deep within him.” He said this about the Spirit. Those who believed in Jesus were going to receive the Spirit, for the Spirit had not yet been given because Jesus had not yet been glorified.

Living out our God-given calling as we follow Jesus and make disciples every day.

Spirit-Led Follower

A disciple who walks with Jesus daily, anchoring their lives to God's Word and obediently following the Holy Spirit where He leads.

Intentional Friend

A disciple who is always looking for ways to care for others and meet their needs. This is a practical way to be present in the lives of those around us.

Humble Guide

A disciple who is a humble guide takes every opportunity to help people take their next step closer to Jesus. This is someone who is constantly looking for opportunities to have Gospel conversations and speak truth into someone's life.

Force For Good

When a disciple lives out their God-given calling, they naturally become a force for good where they live, work, and play. This type of person is looking for opportunities to meet needs, heal brokenness, and bring tangible hope to the people in their life and in their community.



LONG HOLLOW
CHURCH