## Wednesday Night Bible Study September 2, 2020

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## Living as a Disciple

Discipleship is not something that happens once a week. It is a lifestyle.

The Regular Rhythm of Jesus' Life

- John 18:1-2
  - Jesus "often" met there.
  - The way Judas knew where to find Jesus is that Judas knew Jesus' rhythm.
  - What else will we see when we look for places Jesus "often" goes?

Luke 22:39--Mt. of Olives "as usual"

Luke 21:37--Mt. Of Olives

Luke 11:1--Jesus praying in a certain place

Luke 9:18--Praying in private, the disciples are there observing

Luke 9:28--Goes up on a mountain to pray

Luke 6:12-13--Spent all night praying on a mountain

Luke 5:16--"Often withdrew to deserted places to pray"

Mark 1:35--"Very early in the morning, while it was still dark, He got up, made his way out to a deserted place, and started praying"

Mark 6:46-47--"He went away to the mountain to pray"

• Do your kids ever catch you in an act of devotion?

## Three domains of burnout:

- Emotional Exhaustion
- Depersonalization
  - You stop seeing people as being made in the image of God and start seeing them as objects
- Personal accomplishment

Check out the podcast *Strengthening the Soul of Your Leadership* by Ruth Haley Barton