

# GROUPS DISCUSSION GUIDE

*Get Into The Word*



Week of Sunday July 6, 2025

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**Living out our God-given calling as  
we follow Jesus and make  
disciples every day.**

## **Introduction**

Being a follower of Jesus means more than believing the right things—it means living a transformed life. Colossians 3:1-17 reminds us that because we've been raised with Christ, we're called to live differently. We let go of the old ways shaped by sin and self, and instead put on the character of Jesus—compassion, kindness, humility, and love. This passage challenges us to examine what we're clinging to and invites us to embrace a new way of life that reflects the heart of Christ in every relationship and decision.

## **Disciple Measure**

**Spirit-Led Follower:** What passage of scripture is currently shaping you the most, and how?

# Discussion Questions

**HIGHLIGHT**

*Have someone read aloud...*

Colossians 3:1-11

**EXPLAIN**

*Discuss the following questions...*

**Opening Question:** What’s one habit, attitude, or mindset you’ve had to “put off” in your walk with Jesus?

- 1. What does it mean to be “raised with Christ,” and how should that change the way we think and live?
- 2. How do the things listed in verses 5-9 damage our relationship with God and others?
- 3. How are we all one in Christ, as Paul talks about in verse 11?

*Have someone read aloud Colossians 3:12-17.*

- 4. Why must we “put off” the old things in order to put on what is of Christ?
- 5. What attribute of the new self in Christ stands out to you the most from verses 12-13, and why?
- 6. What role does the Word of God, worship, and gratitude play in shaping a Christlike life?

Notes:

*Discuss the following questions...*

1. Paul calls believers to “set your minds on things above.” What are some practical ways to do that in daily life?
2. What is one “old self” habit or attitude you need to intentionally put to death this week, and what steps can you take to replace it with Christlike character?
3. How can you practically let the Word of Christ dwell in you richly—through habits like daily Bible reading, Scripture memory, and prayer with others?

Force for Good: What kind of difference does it make to have people who can encourage you and hold you accountable as you “put off” the old self and put on Christ? You can share the OR code

or [link](#) with your group members if they are interested in starting a Discipleship Group to walk with others in this.



Thank God for not only saving us from something but for something, and ask Him to help you daily die to yourself and walk in the fullness of Christ.

# Questions for Families

*Here are some questions you can discuss with the whole family.*

## **Colossians 3:1-17**

**What does this passage show us about who God is and what He's done for us?**

*Guide your younger child to understand that God loves us so much that He made a way for us to live a new life through Jesus. Older children can reflect on how Jesus' resurrection gives us the power to change and live in a way that pleases God.*

**What does this passage tell us about ourselves and how we should live?**

*Encourage younger kids to name things Jesus wants us to "take off," like anger or lying, and things He wants us to "put on," like kindness and love. With teens, talk about how our identity in Christ should shape our choices, friendships, and attitudes.*

**How can we live differently because of what Jesus has done for us?**

*Help younger kids think of one way they can show Jesus' love today. Older kids can discuss real-life situations—at school, on teams, or at home—where they can choose to live like Jesus.*

## NT 260

### **WEEK: 28**

- Colossians 4
- Ephesians 1
- Ephesians 2
- Ephesians 3
- Ephesians 4

**MEMORY VERSE:** Matthew 6:9-11

# Resources

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## Resources to Listen to

### BEMA Discipleship Podcast - Colossians



Marty Solomon examines the letter to the [Colossians](#), pointing out the unique context of the Colossians. (23 min)

## Resources to Watch

### Bible Project Guide - The Book of Colossians



See a collection of videos and articles to guide you through the book of [Colossians](#). (20 min)

## Life Group Resources

We have a variety of resources and are continually adding new ones. Some of our resources include group launch guides, on-demand training modules, and curriculum resources. To request a resource, reach out to us at [groups@longhollow.com](mailto:groups@longhollow.com).

## D-Group Resources

If you or someone you know would like to start a D-group, we have everything you need, including reading plans, journals, and a launch guide to walk you through the first four meetings.



[longhollow.com/lifegroups](https://longhollow.com/lifegroups)



[longhollow.com/dgroups](https://longhollow.com/dgroups)

# Commentary

Notes:

## What’s Going On?

Colossians 3:1-17 is part of a letter the Apostle Paul wrote to a group of believers in the city of Colossae. In the first two chapters, Paul focuses on who Jesus is—fully God and the one who saves us—and warns against false teachings that were confusing the people. These teachings tried to add rules and rituals to the gospel, making it seem like Jesus wasn’t enough. Paul pushes back strongly, saying Jesus is more than enough for salvation and for life.

Now in chapter 3, Paul shifts to practical living. He says, “Since you have been raised with Christ,” meaning, because you now belong to Jesus, your life should look different. The passage uses the imagery of “taking off” old, sinful ways and “putting on” the character of Christ, like changing clothes. Paul lists examples of both—the harmful things we’re to leave behind (like anger, lying, and selfish desires) and the godly qualities we’re to embrace (like kindness, patience, and love). This section helps believers understand what it looks like to live out their faith. Paul ends by saying that everything we do—in word or action—should be done in the name of Jesus, showing that following Him changes every part of life.

Biblical Timeline





Notes:

## A Bit of Background

Colossae was a small city in what is now modern-day Turkey. It wasn't as large as other cities Paul wrote to, like Rome or Corinth, but the church there still faced serious challenges. Some new teachers were trying to convince Christians that they needed more than just Jesus to be right with God. They pushed things like worshiping angels, following strict religious rules, and chasing special knowledge. This confused the believers and pulled their focus away from Christ.

Paul had never actually visited this church in person, but he wrote to them with love and authority. He reminded them that Jesus is supreme—He created all things, holds all things together, and is the head of the church. Because of who Jesus is and what He has done, believers have been given new life.

In Colossians 3, Paul explains what that new life looks like. He wants them (and us) to know that being a Christian isn't just about what we believe—it's also about how we live. In a culture full of competing messages and pressures, Paul's words offer a clear call to live with Christ at the center.

Colossians Written Approx.  
60 AD

Today's highlighted  
passage and other  
related passages

Birth of  
Christ

Crucifixion  
and Resurrection

Book of  
Revelation

# Sermon Notes

**Colossians 3:1-17 CSB**

So if you have been raised with Christ, seek the things above, where Christ is, seated at the right hand of God. Set your minds on things above, not on earthly things. For you died, and your life is hidden with Christ in God. When Christ, who is your life, appears, then you also will appear with him in glory. Therefore, put to death what belongs to your earthly nature: sexual immorality, impurity, lust, evil desire, and greed, which is idolatry. Because of these, God's wrath is coming upon the disobedient, and you once walked in these things when you were living in them. But now, put away all the following: anger, wrath, malice, slander, and filthy language from your mouth. Do not lie to one another, since you have put off the old self with its practices and have put on the new self. You are being renewed in knowledge according to the image of your Creator. In Christ there is not Greek and Jew, circumcision and uncircumcision, barbarian, Scythian, slave and free; but Christ is all and in all. Therefore, as God's chosen ones, holy and dearly loved, put on compassion, kindness, humility, gentleness, and patience, bearing with one another and forgiving one another if anyone has a grievance against another. Just as the Lord has forgiven you, so you are also to forgive. Above all, put on love, which is the perfect bond of unity. And let the peace of Christ, to which you were also called in one body, rule your hearts. And be thankful. Let the word of Christ dwell richly among you, in all wisdom teaching and admonishing one another through psalms, hymns, and spiritual songs, singing to God with gratitude in your hearts. And whatever you do, in word or in deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him.

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(Get digital notes on your mobile device at [notes.longhollow.com](https://notes.longhollow.com))

## Living out our God-given calling as we follow Jesus and make disciples every day.

### *Spirit-Led Follower*

A disciple who walks with Jesus daily, anchoring their lives to God's Word and obediently following the Holy Spirit where He leads.

### *Intentional Friend*

A disciple who is always looking for ways to care for others and meet their needs. This is a practical way to be present in the lives of those around us.

### *Humble Guide*

A disciple who is a humble guide takes every opportunity to help people take their next step closer to Jesus. This is someone who is constantly looking for opportunities to have Gospel conversations and speak truth into someone's life.

### *Force For Good*

When a disciple lives out their God-given calling, they naturally become a force for good where they live, work, and play. This type of person is looking for opportunities to meet needs, heal brokenness, and bring tangible hope to the people in their life and in their community.



**LONG HOLLOW**  
CHURCH