



Communion Guide for Parents



The Lord's Supper can be an amazing time of worship and reflection for your children. The key is to help them understand what's happening before they're part of communion. Kids experiencing the Lord's Supper for the first time might be confused why they can or can't participate or even why the adults are having a snack time of juice and crackers in the middle of the service.

Scripture teaches us that the Lord's Supper is reserved for those who are believers in Christ. For those of you with children at home who have not yet made a profession of faith, it's best for them not to participate in the Lord's Supper. However, this is a great opportunity to have a Gospel conversation with your child and teach them about the Lord's Supper.

We've created a guide for you to use at home to walk your child through a conversation.

- ◆ Explain to your child that the Lord's Supper is something we do in obedience to God to remember what Jesus did for us on the cross.
- ◆ Much like baptism is an outward symbol of our faith in Jesus, the Lord's Supper is a symbolic act of our obedience to God in remembrance of the cross.

Q: What is the Lord's Supper?

A: Read **Matthew 26:26-29** with your child. The Lord's Supper is something Jesus did with His disciples.

Q: Why do we do it?

A: We do it to remember that Jesus died on the cross, paying the price for our sin. The juice is a reminder that Jesus shed His blood for our sins. The bread is a reminder that Jesus gave His body for us.

Q: Who should participate?

A: People who believe in Jesus and have confessed their sin to God can participate. (See **1 Corinthians 11:27-29**).

QUESTIONS TO ASK YOUR CHILD

See our salvation conversation guide for details.

- ◆ Do you believe that Jesus died on the cross for your sin?
- ◆ Do you believe that Jesus rose from the grave to live again?
- ◆ Do you admit that you're a sinner and that your sin separates you from God?
- ◆ Do you believe that Jesus is the only way to God?
- ◆ Have you confessed your sin to God and asked Him to forgive you?



Q: How should I prepare for the Lord's Supper?

A: Read **1 Corinthians 11:27-29**. Take some time to examine your heart, confess sin, and pray before participating.

Q: How do I know if my child should participate?

A: Knowing facts or information about the Gospel is not the same as believing and having a personal relationship with Jesus. One of the best indicators is if your child has been baptized. If your child has already made a profession of faith and been baptized, your child can likely participate in the Lord's Supper. If your child has not yet repented of their sin and put their faith in Jesus, your child should not participate in the Lord's Supper.