

## Lesson 21 – Daily Inventory

February 27, 2023

What is daily inventory? Daily inventory is reserving a daily time with God for self-examination, Bible reading, and prayer in order to know God and his will.

Small Group Questions:

1. What's something that surprised you or challenged you about this journaling experience?
2. Why is it so important to our growth in Christ – and our ability to move through our hurts, hang-ups, and habits – to follow this practice of a “daily inventory”?
3. If you have journaled in the past, how did it impact your everyday life?
4. What are some of the things that could keep your from journaling, and what are ideas for overcoming those hurdles?
5. Is there something you'd like to share from your journaling experience today?