

Lesson 24 – Gratitude

March 27, 2023

What is gratitude? Gratitude is the quality of being thankful; a readiness to show appreciation for and to return kindness.

Small Group Questions:

- 1. What are your top three pet peeves... the things that really get on your nerves?
- 2. What are three things that you are most thankful for?
- 3. How can people in poverty stricken countries be thankful?
- 4. How can being spoiled cause us to struggle with being thankful?
- 5. In Colossians 3:12, why did Paul use the metaphor of "clothe yourself" to describe how we should think and act?
- 6. Paul lists eleven things in Colossians 3:12-15 that we should "clothe" ourselves with. Which are the easiest for you and why? Which are the most difficult?
- 7. What are some things you can do to grow an attitude of gratitude in your life?