

Lesson 25 – Gratitude

April 3, 2023

What is gratitude? Gratitude is the quality of being thankful; a readiness to show appreciation for and to return kindness.

Small Group Questions:

1. What part of the testimony stood out to you tonight?
2. Did you relate or resonate with anything that was shared? If so, what?
3. How has The Landing helped you with your hurts, habits, or hang-ups?
4. Are there areas you still need accountability in? If so, how can the members of your small group help support you in your recovery?