

**The Forgotten Jesus Podcast**  
**S3E24**  
**TMI On The Virgin Mary - (Luke 1:31-33)**

**Description – Today we discuss the miraculous pregnancy of Mary. Parents you may or may not want to listen to this with children around.**

DISCLAIMER: Today we'll be talking about Mary's menstrual cycle in connection to her virginity.

Luke 1:31-33

<sup>31</sup> Now listen: You will conceive and give birth to a son, and you will name him Jesus. <sup>32</sup> He will be great and will be called the Son of the Most High, and the Lord God will give him the throne of his father David. <sup>33</sup> He will reign over the house of Jacob forever, and his kingdom will have no end."

Isaiah 7:14 - <sup>14</sup> Therefore, the Lord himself will give you a sign: See, the virgin will conceive, have a son, and name him Immanuel.

"Virgin" in Hebrew from Isaiah 7:14, would mean one who had not had sexual intercourse, but the word also could mean childless not because of being infertile, but because no menstrual cycle had started yet.

From the Mishnah: A husband will not have sexual relations with his wife until she's had at least three menstrual cycles.

What is the Mishnah? It's rabbinic commentary on the OT.

Philo - 1st century Jewish philosopher, "A virgin is someone who is unable to conceive." He said that Sarah would have been in this category, along with Elizabeth, until they both conceived.

Why is all of this important? It heightens the birth of Jesus. Mary says she's never been with a man, and she's physically unable to have a child, because she's not even had her menstrual cycle start.

This birth parallels several other miraculous births in the Bible:

- Sarah with Isaac - Genesis 21:1-15
- Hannah with Samuel - 1 Samuel 1
- Manoah's wife (Samson's Mother) - Judges 13
- Elizabeth with John - Luke 1:1-25

Luke 1:34-35

<sup>34</sup> Mary asked the angel, “How can this be, since I have not had sexual relations with a man?” <sup>35</sup> The angel replied to her, “The Holy Spirit will come upon you, and the power of the Most High will overshadow you. Therefore, the holy one to be born will be called the Son of God.

To overshadow someone is not a sexual innuendo, as some would say. It's a covering / protection by the Holy Spirit.

Where do we see this in the Old Testament?

- King David's anointing
- King Saul's anointing

In the OT, God would send his Holy Spirit and sometimes remove it. That's not the way it is now, thankfully, but that's why when David sins, he says to God, “Do not take your Holy Spirit from me.”

But it's also found with a promise from Jesus in the New Testament. Acts 1:8, “**But you will receive power when the Holy Spirit has come on you**, and you will be my witnesses in Jerusalem, in all Judea and Samaria, and to the ends of the earth.”

But it's also more than that, it's a picture of God's shekinah glory coming down to rest in the temple.

2 Chronicles 5:13-14

The temple, the LORD's temple, was filled with a cloud. <sup>14</sup> And because of the cloud, the priests were not able to continue ministering, for the glory of the LORD filled God's temple.

Luke 1:31

<sup>31</sup> Now listen: You will conceive and give birth to a son, and you will name him Jesus.

Pop quiz: when do we see a name given to someone before birth?

- Isaac
- Ishmael
- Isaiah
- Solomon

Pirke Rabbi De Eleazer (?) - “The Rabbis (1st century at the time) said that God will give the sign of the Messiah coming by naming His messiah before he comes.”

Jesus in hebrew is “Yeshua” which means, “The Lord's Salvation”

Luke 1:36-38

<sup>36</sup> And consider your relative Elizabeth—even she has conceived a son in her old age, and this is the sixth month for her who was called childless. <sup>37</sup> For nothing will be impossible with God.” <sup>38</sup>

“See, I am the Lord’s servant,” said Mary. “May it happen to me as you have said.” Then the angel left her.

Mary’s response in v. 38 is one of the most profound statements on obedience and submission to God’s will.

Mary was the living embodiment of Proverbs 3:5-6 at this point:

<sup>5</sup> Trust in the LORD with all your heart, and do not rely on your own understanding; <sup>6</sup> in all your ways know him, and he will make your paths straight.