

THE FORGOTTEN JESUS PODCAST

DISCUSSION GUIDE

Season 6, Episode 10

All Authority Belongs to Jesus

Mark 1:29-31

Main Idea

Jesus has all authority—over teaching, the demonic world, nature, and even in delegating authority to His disciples. However, His authority was often misunderstood, especially by the Pharisees, who accused Him of breaking the law when He was actually rejecting their man-made traditions.

Icebreaker Question

Have you ever been in a situation where someone had authority but didn't use it wisely? How did that impact those around them?

Leader Note: This question sets the stage for understanding how Jesus' authority is different. Unlike human authority, Jesus' authority is exercised with love, wisdom, and purpose.

Discussion Questions

1. What stood out to you the most from this episode of the podcast?
 2. In Mark 1:29-31, Jesus heals Peter's mother-in-law on the Sabbath. Why was this significant?
 3. The Pharisees accused Jesus of breaking the law. How does this episode clarify the difference between God's written law and human traditions?
 4. How does Jesus' authority over sickness in Mark 1:29-31 demonstrate His divine power?
 5. Why do you think Jesus' ability to delegate authority to His disciples is important for us today?
 6. What are some other examples in the Gospels where Jesus demonstrates His authority?
 7. What does it mean for Jesus to have authority over the demonic world? Why is that encouraging for believers today?
 8. How does understanding Jesus' authority change the way we live out our faith?
 9. How can we reconcile Jesus' authority with the free will He gives to humanity?
 10. What does this passage teach us about serving others after encountering Jesus, as seen in Peter's mother-in-law immediately serving after being healed?
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Application Questions

1. Jesus has all authority—how does that impact your daily life?
 2. What are some areas in your life where you struggle to submit to Jesus' authority?
 3. In what ways do we sometimes prioritize traditions or personal preferences over God's Word?
 4. How can we recognize and resist legalism in our own spiritual walk?
 5. How does Jesus' authority over sickness shape the way you view healing today?
 6. Where do you need to trust in Jesus' authority more fully this week?
 7. Jesus calls us to serve others. How can you follow Peter's mother-in-law's example in serving those around you?
 8. What practical steps can you take to live as someone who trusts in Jesus' authority?
 9. How can you help others in your life understand and submit to the authority of Jesus?
 10. What specific act of obedience is God calling you to in response to this teaching?
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Prayer Prompt

Heavenly Father, thank You for showing us that Jesus has all authority—over sickness, over the spiritual world, and over our lives. Help us to trust You more fully, to reject traditions that keep us from truly following You, and to live in obedience to Your Word. Give us hearts that serve others as a response to Your healing and grace. Strengthen our faith and help us to walk in the authority You have given us as disciples. In Jesus' name, Amen.

Additional Resources for Going Deeper

- **The Bible** – Mark 1:21-34, Matthew 28:18-20, Colossians 1:15-20
- **Book:** *The Forgotten Jesus* by Robby Gallaty
- **Podcast:** *Making Disciples with Robby Gallaty*
- **Sermon:** Search Long Hollow Church sermons on Jesus' authority at [Long Hollow Church](#)
- **BEMA Discipleship Podcast** – Episodes on Jewish law and traditions
- **CSB Study Bible** – Commentary on Mark 1