

The Forgotten Jesus Podcast
S7E10
Strength Under Control - Matthew 5:5

Description – Continuing to look at the Beatitudes, we examine humility, from Matthew 5:5

Last week we talked about mourning, and this week we'll pick up with the next Beatitude in v. 5

Matthew 5:5

⁵ Blessed are the humble, for they will inherit the earth.

One day we need to do a podcast on the importance of scripture memorization and how it's really a lost art.

Lots of opportunities to memorize and all sorts of tools available to help you learn scripture.

Where does Jesus get this idea of humility from in the Old Testament?

Psalms 37:11

¹¹ But the humble will inherit the land and will enjoy abundant prosperity.

The Hebrew word here *`anav* means, "humble, lowly, meek, poor"

In Psalm 37, the people were concerned with only the promised land. The land God promised to give to Abraham. But in Matthew, Jesus expands this concept to not just the promised land, but to the whole world.

Humility is a proper view of oneself.

Remember, the first 4 beatitudes deal with our relationship with God. The last 4 deal with our relationships with others.

Meekness is described as controlled power. Jesus is the perfect example of this, he's all powerful, but he's power under control.

Meekness was used to describe a wild animal that had been domesticated. It was power, under control.

The promise from Jesus is that if you live a humble / meek lifestyle, you will inherit the Land.

Remember, in the OT, the Jews only cared about the promised land. In the context of Psalm 37, the people cared about peace in the land.

Psalm 37:3-7

³ Trust in the LORD and do what is good; dwell in the land and live securely. ⁴ Take delight in the LORD, and he will give you your heart's desires. ⁵ Commit your way to the LORD; trust in him, and he will act, ⁶ making your righteousness shine like the dawn, your justice like the noonday. ⁷ Be silent before the LORD and wait expectantly for him; do not be agitated by one who prospers in his way, by the person who carries out evil plans.

God says here if you do the right thing, if you follow and obey me, then I will make your righteousness for me shine through your life.

The three fold process of Psalm 37:

1. Trust
 - a. 37:3 - Trust in the Lord and do what is good.
 - b. You're placing your faith in Him to move, Him to act.
2. Wait
 - a. You don't act on your own behalf, you delight in the Lord (37:4), you rest and wait for Him.
3. Be Still
 - a. 37:7 - Be silent before the Lord
 - b. Be silent, be still, wait expectantly for Him.

Psalm 37:8

⁸ Refrain from anger and give up your rage; do not be agitated—it can only bring harm.

This is the opposite of how we typically live. Most people get fired up with their rage and anger, or live agitated lives, but God is warning here that if you do these things it will only bring harm.

God calls us to be meek and humble.

The difference between meekness and being a doormat is Jesus. As Jesus is dying, he could have called down thousands of legions of Angels, but instead he cries out from the cross, "Father, forgive them..."

When you step in, you don't leave any room for God to work. But when you step back, and let God step in and work, it may not be fixed the way you think it should be, but it will be fixed by God in the best way possible.

When you step back you're exercising meekness. And when you do this, you're living in the promise that God says you will be blessed.