

THE FORGOTTEN JESUS PODCAST

DISCUSSION GUIDE

Season 07 Episode 07

"The Downward Progression of Turning Away"

Psalm 1:1–6; Deuteronomy 28:1–6; Joshua 1:6–9

Icebreaker:

When have you seen the power of someone's influence (positive or negative) shape a person's life choices?

Discussion Questions:

1. How does Psalm 1 connect to Joshua 1:6–9 and Deuteronomy 28 in describing what it means to live a blessed life?
2. Pastor Robby described "blessed" (makarios) as receiving grace and being happy about it. How does this change your understanding of what it means to be blessed?
3. Why do you think the psalmist begins with what the blessed person **does not do** before saying what they do?
4. What is the progression seen in Psalm 1:1—walking, standing, sitting? How does this mirror how sin takes root in our lives?

5. How do the images of walking with the wicked, standing with sinners, and sitting with mockers help us visualize the dangers of compromise?
 6. Pastor Robby said that “the devil switches the price tag” when we sin. What does this mean, and how have you seen it play out?
 7. Why is meditating on God’s Word “day and night” so essential for resisting this downward progression?
 8. What does it mean for a tree to be “planted” by streams of water? How does this image reflect God’s providence in our spiritual growth?
 9. Why is it significant that trees don’t produce fruit for themselves but for others? How does this inform our understanding of spiritual fruit?
 10. How do these word pictures from Psalm 1 challenge or encourage you personally?
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Application Questions:

1. What influences (people, media, environments) do you need to walk away from because they pull you toward sin?
2. Where do you see yourself in the walk–stand–sit progression? What’s one step you can take back toward God?
3. How can you practically begin to **meditate** on Scripture day and night this week?
4. Which part of your daily routine can you adjust to make space for being planted in God’s Word?
5. What “streams of living water” (spiritual practices, relationships, disciplines) has God given you that you need to draw from more deeply?
6. How can you cultivate a spiritual life that bears fruit for others? Who needs the “fruit” from your walk with God?
7. What’s one way you can actively replace ungodly influences with godly counsel this week?

8. How can you model being a “tree planted by streams of water” for your family, friends, or coworkers?
 9. Who can help you stay accountable to engage in God’s Word consistently?
 10. What specific promise from Psalm 1, Joshua 1, or Deuteronomy 28 can you claim and pray over your life this week?
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Prayer Prompt:

“Lord, thank You for planting us in Your Word and nourishing us with Your Spirit. Help us walk away from the counsel of the wicked and instead delight in You day and night. Make us like trees planted by streams of living water, bearing fruit that blesses others and glorifies You.”

Additional Resources for Going Deeper:

- **Bible Reading Plans:** [NT260, OT260, and F260 Plans](#)
- **Book:** *The Forgotten Jesus* by Robby Gallaty
- **Book:** *The Bible in a Year: A Guided Scripture Reading Journey for Women* by Kandi Gallaty
- **Podcast:** *Making Disciples* with Robby Gallaty (episodes on spiritual disciplines and transformation)
- **Podcast:** *BEMA Discipleship* by Marty Solomon (episodes on Psalms)
- **Passages for Meditation:** Psalm 1; Joshua 1:6–9; Deuteronomy 28:1–6; John 15:1–8