

THE FORGOTTEN JESUS PODCAST

DISCUSSION GUIDE

Season 07 Episode 09

"Death & Mourning"

Matthew 5:4; Isaiah 61:1–4; Luke 6:21

Icebreaker:

When was a time of deep loss or brokenness in your life when you unexpectedly experienced God's comfort?

Discussion Questions:

1. When you hear the word "mourning," what comes to mind? How does Jesus' use of it in Matthew 5:4 broaden or challenge your understanding?
2. Why do you think Jesus would call those who mourn "blessed"?
3. Pastor Robby said mourning includes grief over **injustice, abuse, and societal wrongs**. How does this expand how we apply this verse today?
4. How does mourning reveal our deeper longing for Jesus and His Kingdom?

5. Why do you think the Jews had extended mourning practices (like tearing clothes or week-long funerals), and what might we learn from them?
 6. How does Isaiah 61 connect mourning with hope and restoration?
 7. What does it mean that “those who mourn will be comforted”? How is this comfort different from temporary relief?
 8. How does Luke 6:21 (“Blessed are you who weep now, for you will laugh”) help us understand Jesus’ promise?
 9. In what ways can mourning over our sin draw us closer to God?
 10. How does remembering our mortality (through things like funerals or personal loss) impact how we live today?
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Application Questions:

1. What injustice or brokenness in the world deeply grieves you? How might God be calling you to respond?
2. When was the last time you mourned over your sin? What might it look like to bring that brokenness before God this week?
3. How can you practice **slowing down** to reflect on the brevity of life and the hope we have in Christ?
4. What do you need to lament before God right now—personally or on behalf of others?
5. Who in your life is mourning and needs the comfort of Christ? How can you be present for them?
6. How can mourning push you to **long for heaven** more deeply?
7. What rhythms of prayer or Scripture can help you process grief and loss with God instead of turning inward?
8. In what ways can your small group embody God’s comfort to those who are hurting?
9. How can reflecting on Jesus’ victory over death shape your perspective on suffering?

10. What step can you take this week to bring hope and comfort to someone who is in mourning?

Prayer Prompt:

“Lord, thank You that You meet us in our mourning. Teach us to bring our grief, our pain, and even our sorrow over sin to You. Comfort us with Your presence, restore our hope, and help us extend Your comfort to a hurting world. We long for the day when You will wipe away every tear.”

Additional Resources for Going Deeper:

- **Bible Reading Plans:** [NT260, OT260, and F260 Plans](#)
 - **Book:** *The Forgotten Jesus* by Robby Gallaty
 - **Book:** *Dark Clouds, Deep Mercy: Discovering the Grace of Lament* by Mark Vroegop
 - **Podcast:** *BEMA Discipleship* by Marty Solomon (episodes on exile and restoration—Episodes 61-62, 66, 71, 74)
 - **Passages for Meditation:** Matthew 5:4; Isaiah 61:1–4; Luke 6:21; Revelation 21:1–5
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