

THE FORGOTTEN JESUS PODCAST

DISCUSSION GUIDE

Season 7, Episode 4

How to Walk With God

Matthew 5; Psalm 1; Joshua 1:7-8

Key Takeaways

- The word “blessed” in the Beatitudes is deeply rooted in the Hebrew Bible (TaNaKh) and speaks to a life aligned with God’s Word.
 - Being “blessed” isn’t always circumstantial happiness—it’s walking in alignment with God, which brings spiritual flourishing.
 - The Beatitudes can be seen as “attitudes to be in”—postures of the heart that reflect Kingdom living.
 - Scripture consistently links blessing with *walking* in obedience and meditating on God’s Word.
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Discussion Questions:

1. What does the word “blessed” typically mean in our culture, and how does that differ from its use in the Bible?
2. How does Psalm 1 describe the life of someone who is truly blessed?
3. What does it mean to “meditate” on the Word day and night (Psalm 1, Joshua 1)?
4. In what ways does the image of a tree planted by streams of water shape your understanding of the blessed life?
5. How does Jesus’ use of the word “blessed” in Matthew 5 contrast with the world’s idea of blessing?
6. Why do you think the early church called themselves “The Way” instead of “Christians”?
7. What do the lives of Enoch, Noah, and Josiah teach us about walking with God?
8. How does obedience connect to blessing in passages like Deuteronomy 5:33 and 2 Kings 22:1-2?
9. How does viewing the Beatitudes as “Attitudes to Be in” help us apply them practically?
10. What does it look like in your life to walk humbly with God (Micah 6:8)?

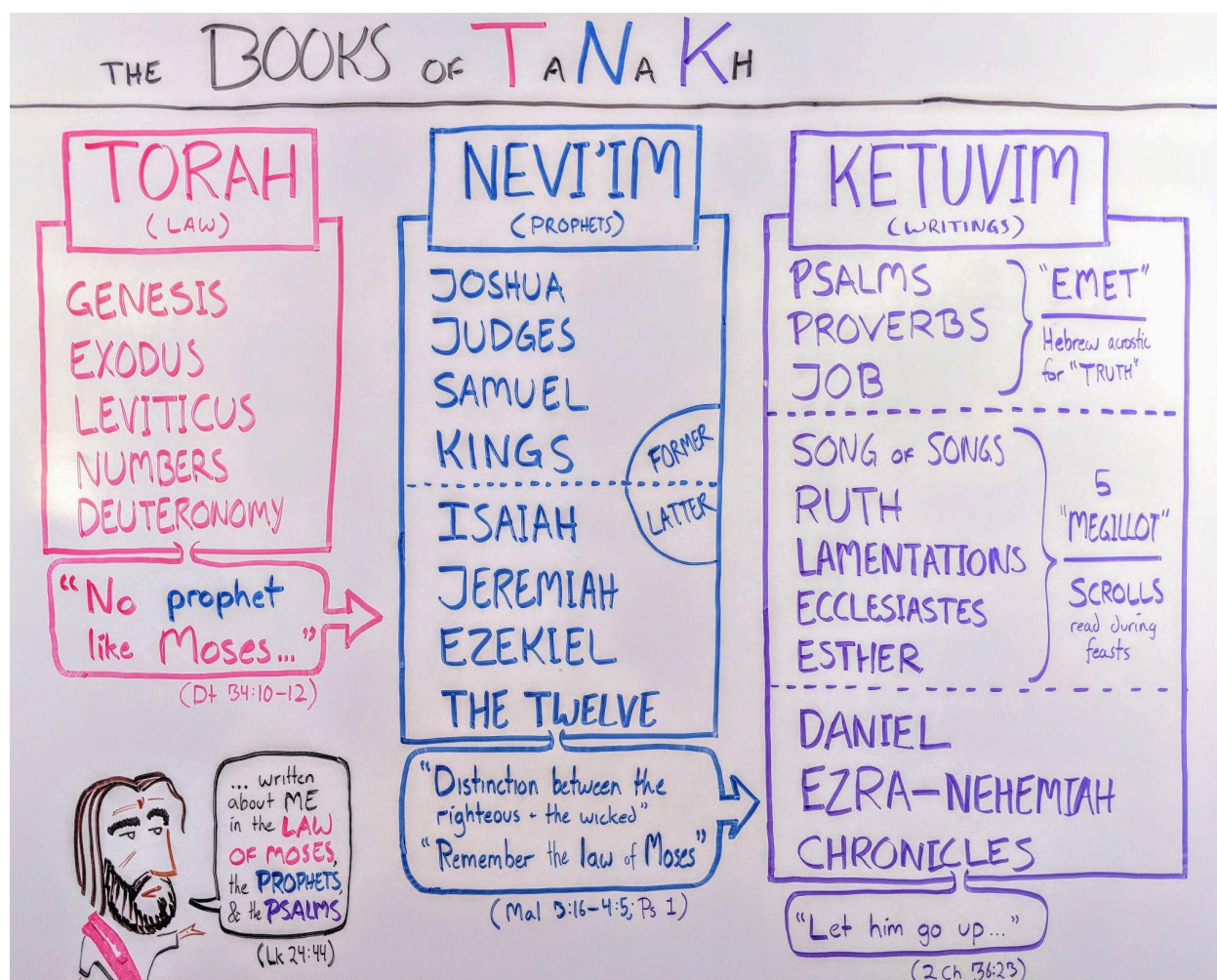


Illustration: <https://overviewbible.com/tanakh/>

Application Questions:

1. What is one area in your life where you can begin to meditate more consistently on God's Word?
2. How might your daily schedule change if you prioritized "walking with God" over "doing for God"?
3. Is there a specific command of God you've been avoiding or neglecting? How can you take a step toward obedience?
4. Who do you walk with spiritually? Who is helping you stay on the path of blessing?

5. How do you respond when “blessed” doesn’t look like material or emotional comfort?
 6. What does your “inner attitude” reveal about your alignment with the Beatitudes?
 7. Is there a relationship in your life that could be transformed by walking in the way of Jesus?
 8. What Scripture could you commit to memory this week to help keep your heart aligned with God’s Word?
 9. What practical step can you take to “not turn to the right or the left” in your walk with God?
 10. How might your witness to others grow stronger if your life more fully reflected the way of blessing?
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Prayer Prompt

“Father, thank You that true blessing isn’t about what we have, but about who we walk with. Help us walk humbly, love faithfully, and live justly. Teach us to meditate on Your Word until it shapes our thoughts, attitudes, and actions. We don’t want to be chaff in the wind—we want to be trees planted beside streams of living water, bearing fruit in every season. In Jesus’ name, Amen.”

Additional Resources for Going Deeper

Book: *The Forgotten Jesus* by Robby Gallaty

[Buy on Amazon](#)

Podcasts:

- *Season 7, Episode 3:* for context on the Sermon on the Mount
- BEMA Discipleship—Season 3, Episodes 94 and 95

- *Making Disciples* with Robby Gallaty, Replicate Ministries – relevant episodes on Kingdom Living

Study Helps:

- [Blue Letter Bible \(Word Study Tool\)](#)
- *CSB Hebrew-Greek Key Word Study Bible*

Homework:

- Read **Psalm 1** and draw **three pictures** illustrating the passage.