

THE FORGOTTEN JESUS PODCAST

DISCUSSION GUIDE

Season 5, Episode 2

Three Temptations Everyone Faces and How to Overcome Them

Matthew 4:1-11

In this discussion, we explore the three temptations Jesus faced in the wilderness—Appetite, Approval, and Ambition—and how His responses offer a model for overcoming them in our lives.

Discussion Questions

1. What stood out to you most about how Jesus responded to Satan's temptations in Matthew 4:1-11?
 2. How do the three temptations (Appetite, Approval, Ambition) relate to struggles we face today?
 3. Why is it significant that the Holy Spirit led Jesus into the wilderness for this testing (Matthew 4:1)?
 4. How does Jesus' use of Scripture in His responses to Satan model how we should combat temptation?
 5. In what ways do fear, shame, and guilt fuel our susceptibility to temptation?
 6. Why is the temptation to rely on our own provision, as Satan tempted Jesus to do with turning stones to bread, particularly dangerous?
 7. How do societal pressures play into the temptation of seeking approval from others?
 8. What does Jesus' rejection of Satan's offer of earthly kingdoms teach us about ambition and godly priorities?
 9. How can understanding God's unconditional love (as seen in Matthew 3:17) help us resist the need for external validation?
 10. Reflecting on 1 John 2:15-16, how can we guard against loving the things of the world?
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Application Questions

1. How can you practice relying on God rather than your own resources when faced with the temptation of Appetite?
 2. What are some practical ways to remind yourself of God's approval rather than seeking it from people?
 3. In what areas of your life do you feel tempted by unhealthy ambition, and how can you realign your focus on God's plan?
 4. What Scripture can you memorize to equip yourself for moments of temptation?
 5. How can you develop a deeper trust in God's provision to overcome fears of not having enough?
 6. How does accountability in community help combat the isolation caused by shame?
 7. In what ways can you embrace the truth of being God's beloved child to combat feelings of inadequacy?
 8. What steps can you take to be faithful with the responsibilities and blessings God has entrusted to you?
 9. How does resting in God's sovereignty help you navigate unfulfilled desires or ambitions?
 10. Identify one area where you've been striving on your own and commit to surrendering it to God this week.
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Prayer Prompt

Spend time in prayer thanking God for His unconditional love and faithfulness. Ask Him to help you trust His provision, affirm His approval, and align your ambitions with His will. Pray for strength to combat fear, shame, and guilt and to live as a reflection of Christ's victory over temptation.

Additional Resources

- **Books by Pastor Robby Gallaty:** *The Forgotten Jesus*, *Bearing Fruit: What Happens When God's People Grow*
- **Podcasts:**
 - *The Forgotten Jesus Podcast*
 - *Making Disciples* with Robby Gallaty
- **Study Tools:**
 - *CSB Study Bible*
 - *The F260 Bible Reading Plan* (from Replicate Ministries)
- **Sermons:** Browse Long Hollow's YouTube Channel for messages related to overcoming temptation and spiritual disciplines.