

THE FORGOTTEN JESUS PODCAST

DISCUSSION GUIDE

Season 6, Episode 8

Demonology 101: An Introduction to Demons

Mark 1:21-28

Opening Thought

Jesus' ministry often attracted demonic attention. Unlike the religious leaders of His time, He taught with authority—and even demons recognized His identity before people did. In this episode, Pastor Robby Gallaty explores the reality of spiritual warfare, biblical perspectives on demons, and how we can walk in Christ's authority today.

Discussion Questions

1. Read Mark 1:21-28. What surprises you most about this passage?
2. Why were the people amazed at Jesus' teaching (v. 22)? How did His authority differ from the religious leaders'?
3. The demon immediately recognized Jesus and called Him "the Holy One of God" (v. 24). Why do demons have a clearer understanding of Jesus than many people?
4. What does Jesus' response to the demon (v. 25) teach us about His power over the spiritual realm?
5. What are some common misconceptions about demons and spiritual warfare? How does Scripture correct these misunderstandings?

6. The podcast mentioned that Jesus never went looking for demons, but they sought Him out. What does this reveal about the nature of spiritual battles?
 7. James 2:19 says, “You believe that God is one. Good! Even the demons believe—and they shudder.” What’s the difference between knowing about Jesus and having saving faith?
 8. What are the dangers of two extreme views: either denying the existence of demons or seeing demons in every challenge? How can we maintain biblical balance?
 9. The episode highlights that Satan’s greatest weapon is the world system. What are some ways worldliness influences believers today?
 10. How did this passage and episode change or reinforce your understanding of spiritual warfare?
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Application Questions

1. Where do you see spiritual warfare at work in your own life or the world around you?
 2. How can recognizing Jesus’ authority over the demonic strengthen your faith in difficult situations?
 3. What role does prayer play in standing firm against spiritual attacks (Ephesians 6:18)? How can you grow in prayer this week?
 4. The Bible warns against opening doors to demonic influence (Ephesians 4:27). Are there any areas in your life where you may be unknowingly allowing the enemy a foothold?
 5. Jesus used Scripture to combat the enemy (Matthew 4:1-11). How can you strengthen your knowledge of God’s Word to stand against deception?
 6. The enemy often works through distraction and discouragement. How can you stay spiritually alert and focused on God’s kingdom?
 7. What does it mean to be “sealed” by the Holy Spirit (Ephesians 1:13)? How does this assurance protect us from fear of demonic possession?
 8. What practical steps can you take to help someone struggling with spiritual oppression?
 9. The early church regularly acknowledged spiritual warfare (Acts 16:16-18, Ephesians 6:10-18). How can we apply this same awareness to our daily lives?
 10. What specific action will you take this week to walk in spiritual victory?
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Prayer Prompt

Spend time in prayer together, focusing on the following:

- Praise God for His authority over all things, including the spiritual realm.
 - Confess any areas of fear, distraction, or compromise that might give the enemy a foothold.
 - Ask God for wisdom, discernment, and boldness in standing firm in His truth.
 - Pray for protection over your group, your family, and your church from spiritual attacks.
 - Commit to relying on the power of the Holy Spirit for victory in spiritual battles.
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Additional Resources for Deeper Study

Scripture Passages

- Ephesians 6:10-18 – The Armor of God
- 1 Peter 5:8-9 – Be alert; the devil seeks to devour
- James 4:7 – Resist the devil, and he will flee
- Luke 10:17-20 – Jesus' disciples rejoice in His authority over demons
- Colossians 2:15 – Christ's victory over evil powers

Books & Articles

- "The Forgotten Jesus" – Robby Gallaty
- "Spiritual Warfare: A Biblical and Balanced Perspective" – Karl Payne
- "The Screwtape Letters" – C.S. Lewis (a fictional look of demonic strategies)

Podcasts & Sermons

- The Forgotten Jesus Podcast – other episodes on spiritual warfare
- BEMA Discipleship Podcast (episode on the unseen realm)
- Replicate Podcast (discipleship & spiritual battles)

Practical Next Steps

- Memorize Ephesians 6:10-11 this week.
 - Dedicate time daily for prayer and Scripture reading to stay spiritually prepared.
 - Be intentional in recognizing and resisting the schemes of the enemy in daily life.
 - Encourage someone else in your life with the truth of Jesus' authority over all things.
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