

Lesson 13 – Confession

December 12, 2022

What is a confession? A confession is a formal statement admitting that one is guilty of doing something.

Small Group Questions:

1. What keeps you from practicing the discipline of confession?
2. Which is easier, confessing to God, yourself or someone else? Why?
3. How does confession make you stronger?
4. How does confession make you freer?
5. Who do you have in your life right now that you can be radically honest with and that can hold you accountable? If you do what keeps you from sharing your hurts, habits and hang ups with them?