

S7E46

How to respond to Worry – Matthew 6:31-34

Description – Every Christian struggles with worry and doubt. Today we're going to look at what Jesus says about worry and the superpower to overcome it.

Get to celebrate two things today:

1. Adam's been on the podcast for a year now!
2. Kandi celebrates her spiritual birthday today!

Matthew 6:31-34

³¹ So don't worry, saying, 'What will we eat?' or 'What will we drink?' or 'What will we wear?' ³² For the Gentiles eagerly seek all these things, and your heavenly Father knows that you need them. ³³ But seek first the kingdom of God and his righteousness, and all these things will be provided for you. ³⁴ Therefore don't worry about tomorrow, because tomorrow will worry about itself. Each day has enough trouble of its own.

Remember, last week we talked about how we're not to worry about what we're to eat or to drink, our Heavenly Father knows our needs and will provide for us.

Here Jesus says instead of chasing after food, drink, and clothing; you should focus on the Kingdom of God. "The Gentiles eagerly seek all these things..." - means they don't just occasionally seek these things out, but are actively seeking, actively pursuing and intensely chasing after these things.

When you live like the gentiles, you're living as a practical atheist. You're living as if God hasn't made promises to provide and care for you.

You can worry, but it's not a characteristic of your life. You have to turn it over to God.

A defining characteristic of a believer vs. an unbeliever to the world around us is how we deal with worry, how we respond to challenges and trials in our lives.

Worry for a Christian is just like a dog who chases its tail. It's silly and pointless.

Jesus says stop worrying and trust God.

He then goes on to say, Seek first the kingdom of God.

So an unbeliever seeks after the things of the world, and in parallel, a Christian seeks after God and His kingdom, His agenda, for the world around us.

For the Christian, our faith is a thinking faith, it's not a blind faith.

To “Seek” carries the connotation of an ancient bird hunter going out with his bow to stalk and hunt down the bird he’s after. He’s locked in, all his senses focused on the task at hand. To seek the kingdom of God, the Christian should be the same way, locked in and focused on the kingdom of God.

Next week we’ll look at how your outlook determines your outcome.